Guru Gobind Singh Indraprastha University

Dwarka, New Delhi

University School of Biotechnology

Community Outreach Programme (Nutrition, Health and Wellness)

Venue: Pochanpur and Amberhai Village

The Outreach Community Activity was conducted by USBT on 21st January 2025 at **Ponchanpur village**. The program was aimed at enhancing knowledge and awareness on nutrition, health and wellness for the school children of Ponchanpur village. Food supplements were distributed to encourage good healthy habits. Apart from this a street play was conducted to demonstrate importance of health, nutrition and wellbeing. Healthy food items were distributed among school children to encourage nutritionally enriched food habits. Overall, the event was a big success and had an impact on the young minds of school children. Our faculty team gave awareness talk on Health, Nutrition and Wellbeing. The aim was to motivate young children of the village inspiring them to follow good and healthy lifestyle. The interaction with the village Pradhan and school Principal was very heartwarming, with them appreciating our efforts.

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